

Dear Student

Welcome to the Institute for Chinese Martial Arts (UK)

Thank you for your interest in Chinese martial arts. The Institute for Chinese Martial Arts (ICMA) is an internationally recognised Chinese Kuoshu (National Arts) school, and has developed a reputation for producing some of the finest martial artists in the country – many of whom have represented Team GB abroad. As an ICMA student, you will have the opportunity to train with: national and international champions; Instructors with World renowned reputations; and Professors from the University of Chinese Culture, the Central Police University in Taipei and the National University at Kaoshung, Republic of China.

The ICMA training methodology is based on traditional practices and we extol the principles of: De, Zhi, Qian, Wu (Virtue, Wisdom, and Humility through Martial Arts). The CKI maintains a foundation to excellence policy. As an absolute beginner; an experienced martial artist; or at any stage in between, our training programmes will guide you to realise and achieve your potential. As you progress through your training, the grades you achieve will be ratified by the appropriate international governing body and recognised internationally.

The ICMA maintains a probationary period of two lessons. The first lesson is usually observation only. This gives the prospective student an opportunity to decide if the practice of Chinese martial arts is actually for them. All students should complete a Readiness questionnaire. This will help ICMA Instructors to assess the student's potential. For information on the ICMA's policy on: Child Safety and Protection; Equal Opportunities; First Aid; and Participant, Volunteer and Instructor's conduct, please visit our website at: www.kuoshu.co.uk. If you have any further questions, please direct them to the Secretary at: admin@kuoshu.co.uk, or put them in writing to the Secretary at the above address.

Following a successful probation period, you will be eligible to apply for membership to join the ICMA and to obtain a uniform. Your membership includes: your membership, licence and insurance required for you to practice Chinese martial arts. These arrangements are recognised by the BCCMA as the appropriate Sport England recognised governing body.

Yours in martial arts

Rob Simpson
Director